

SPIRIT TIMES No. 3 Volume 44 FRIDAY, JAN. 20, 2006 Whiteman Air Force Base, Mo. Whiteman Air Force Base, Mo. Whiteman Air Force Base, Mo. Www.whiteman.af.mil



Safety is a two-way street

By Staff Sgt. Neo Martin

509th Bomb Wing Public Affairs

As Team Whiteman members and Wingmen we have the opportunity to keep each other safe and watch out for the well being of one another deployed and at home.

On the road, in or out of a vehicle, is a prime time to be vigilant for our Air Force family members and insure we are following situational awareness and the Wingman concept to keep each other safe and out of harms way.

Pedestrians and vehicle operators have to work together," said Master Sgt. Jeff Harris, 509th Bomb Wing safety office. "If you're in a cross walk, you can't assume an oncoming driver can see you and vice versa.'

Although according to Air Force Instruction 34-201, Air

Force Traffic Supervision, pedestrians have the right of way in crosswalks, they should wait until approaching vehicles come to a stop before proceeding into the road way. This ensures the driver has not only seen the pedestrian, but also has ample, safe breaking distance before coming to the crosswalk. A pedestrian who walks out into moving traffic may put themselves in danger or may cause an accident with drivers attempting to avoid hitting them.

Many variables can effect both drivers and pedestrians ability to see and react to each other. Poor or dark weather conditions, noise, visual obstructions and obscured windshields are common factors that can lead to a mishap.

Sergeant Harris said, "(Everyone using the roadways) must remember to work together. It only takes a blink of an eye for there to be a tragedy.'

Fast Facts

Drivers

- Speed limits are designated for dry, sunny conditions. Reduced speed is during other conditions.
- When entering the Spirit Gate there is a heavily used crosswalk immediately upon entering base. Be aware of children and joggers crossing the road.

Pedestrians

■ When walking in hours of darkness uniformed members should wear reflective belts. In civilian clothes white or light colored material are required.

Inside •

Promotion

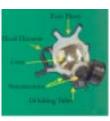
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Commissary grand reopening



CBRNE: Important information for today's battlefield



Crossword: Civil rights pioneers



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SPIRIT TIMES

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The deadline for article submissions to the Spirit The deadline for article submissions to the *Spirit Times* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission does not guarantee publication.

For more information, call the *Spirit Times* office at 687-6133, e-mail: spirit.times@whiteman.af.mil, fax us at 687-7948, or write to us at: 509th BW/PA, 509 Spirit Blvd. Ste. 111

Whiteman AFB, Mo. 65305

Air Force Quiz

What is the oldest continually run United States military installation outside the continental U.S.

> Whiteman's 9er Line provides a communication channel for you to obtain information and assistance in making Whiteman a better place to live and work

Before calling the 9er Line, try to resolve your problem with the responsible base agency. If you've exhausted all the normal avenues to resolve the situation, then call Brig. Gen. Chris Miller, 509th Bomb Wing commander, at 687-3119 or e-mail 9r.Line@whiteman.af.mil.

Need a Wingman?

Confidential crisis counseling available 24/7 Call the Whiteman Help Hotline: 866-395-4357

Spanish American War. the Antilles island chain since the base has been an American foot hold in Guantanamo Bay, Cuba. — The naval

Air Force Quiz answer

Commander's Corner —

By Brig. Gen. Chris Miller 509th Bomb Wing Commander

Smart Ops: Last week at Commander's Call, I asked for your ideas and thoughts on how we can accomplish our core tasks smarter, faster or better.

The challenge is still out there! So whether you send your thought to the 9r.line@whiteman.af.mil, or work it up through your chain of command, or through the IDEA program, "just do it."

Gift of Life: The Red Cross is hosting a blood drive at the Community Center; it ends today.

If you have ever donated, thank you! If you have not, and are able to donate, please consider it this time or in the future - your time and generosity may help save someone's life, and that is a great gift to give.

Education is Important: Our Air Force absolutely depends on well trained, well educated Airmen who use their knowledge to solve some of our nation's most difficult problems.

Uncle Sam provides tuition assistance, professional military education and training on the job over computer networks, you name it.

I hope you take full advantage of those opportunities to keep your development going not only does education help you do your job, it keeps you mentally sharp and ready for any challenge you might face, personal or professional. In fact, even general officers get PME, and I'll be away from Whiteman for the next



Photo by Tech Sgt. Mat Nisotis

Tech. Sgt. Brad Dinges, 509th Civil Engineer Squadron, talks with his wife, Amy, and daughter, Alyssa, before a recent deployment.

six weeks getting some new insight into how the Department of Defense, other parts of our government, and foreign governments work together.

Being gone isn't my idea of fun — Whiteman is a great place to be! — But I can't encourage you to get education without taking my own PME medicine gracefully! See you when I get back.

Excellence: I've been deeply impressed by some of the people I've come in contact with lately — Airmen who have shown that they care about their jobs, take responsibility for "doing it right," and are focused on making their part of the mission happen.

For example, we deployed

more than one hundred 509ers this weekend. At 3 a.m. on a chilly ramp, those in DCUs weren't thrilled about leaving their homes families and friends here for months — but they were really fired up about going forward to do a job for America!

Other Airmen wearing BDUs on that same ramp processed the deployers and made the first step of their journey go right, and they did it with energy and a smile.

From start to finish, that's our Air Force core values in action; and I see it a lot of other places. Hope you see it where you work, too ... and if not, make it happen!

United States Air Force: Some of our deployers got on an airplane that already had Airmen from another couple of bases on board.

As they all took their seats together, it was overwhelmingly clear to me that even as we're proud of being 509ers from Whiteman, we are part of something much, much larger — part of the world's most respected Air Force.

More than that, the tape above the pocket of our uniforms says very clearly that we're part of the United States of America, something of which we should be very,

very proud.
Whether deploying or supporting the mission here in Missouri, we're more than Airmen doing a job; we're Americans defending and representing the things we value, and that's a great privilege.

It's a matter of 'true character'

By Maj. Carlos Camarillo

386th Expeditionary Logistics Readiness Squadron

uch has been written about the character of some famous people or of that of a given

Martin Luther King stated so eloquently in 1963 that he had a dream that his "four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character." Many would argue that true 'character', as described by Dr. King, is a rare commodity in today's world.

I would disagree with them.

A couple of years ago, a seemingly innocent occurrence took place on the South lawn of the White House.

pon approaching Marine One and preparing to board, President George and Laura Bush, the first lady, were having difficulty with their pet Scottie, which wanted to sit rather than proceed up the steps.

Frustrated, the President took matters in hand and bent down and picked up the uncooperative canine and proceeded up

the steps and into the helicopter. As is tradition, the marine honor guard saluted until the President was on-board and returned to the position of attention.

The President, then reemerged back down the steps, tapped the marine on the shoulder, and returned his salute.

Though only capturing a small segment on the nightly news, this innocent act of professional courtesy certainly

did not go unnoticed by the military audience.

My question is this: are these acts of professionalism and respect so rare in today's world that they demand air time, like some anomaly of society?

f you look around hard enough, you will see many similar instances:

the elderly gentleman with a wheelchair standing as the American flag is paraded by on Main Street while everyone else around him continues to sit; or the United States and German military members forming along the roadside to offer their salute to those fallen members returning from Iraq and Afghanistan. Simple acts, mostly gone unnoticed, that speak volumes about individual character, mutual respect and professionalism.

If you think about it, gestures of military professionalism happen every day.

As this humble writer pounds out this article on his laptop, he is surrounded by Airmen (some of which are snoring) on a plane bound for the Middle East as part of Air Expeditionary Force 9/10. For some, this is their first deployment, but for most it is their second or third trip into the region. Why do so many continue to place themselves in harm's way? Why do we continue to pay the price of leaving wives or husbands for months at a time ... and endure the pain of watching our children cry as we say goodbye to them?

It's the same reason our President found it necessary to offer a simple salute to a marine standing duty.

As it was the character of the one professional to salute another, it is the character of our commitment as a service and as a nation that compel us to action. It is strength of character that made these Airmen board this airplane some hours ago. The price of freedom in the U.S. and abroad has been a heavy one, but one willing to be paid because our nation asks this of us.

t has been said that what you say and what you do defines who you are. From 34,000 feet and half a world away from home, I am once again reminded that character is still alive and well. See you when I get home. Hooah!

Newsline

Blood drive today

There is a blood drive today from 11 a.m.-6 p.m. at the community activities center. There will be complimentary Whiteman t-shirts and pizza to all donors.

MLK celebration

The Whiteman Black Heritage Committee and the base chapel are hosting the Martin Luther King, Jr. annual service and celebration 4-5 p.m. Wednesday at the chapel. Everyone is invited.

Guests will include the chapel choir, Nikki Mallory, a christian poet, Lisa and Marlysse Hall, praise dancers, and the speaker for this event will be Lt. Col. John Anderson, 509th Mission Support Group deputy commander.

WESC to host party

The Whiteman Enlisted Spouse's Club is hosting a Mardi Gras party 7 p.m. Feb. 25 at Missions End. Tickets are \$10 and will be on sale during the commissary's grand reopening 10 a.m. Jan. 31.

The party will have a disk jockey, hors d'oeuvres and many door prizes.

More more details, call Nikki Traylor at

Bldg. 509 gets new carpet

The 509th Bomb Wing headquarters building, Bldg. 509, will be getting new carpet starting Jan. 30.

Offices located within the affected corridors will remain accessible during the work, but there will be some level of inconvenience with equipment and materials in the hallways. There may be periods when adhesive is being applied that may limit access to certain areas temporarily.

The areas affected will be:

Jan. 30-Feb. 1— Second floor from south stairwell to the atrium.

Feb. 2-3— First floor south entrance near finance to the atrium near the Spirit Conference room.

Feb. 6-8— First floor from the Spirit Conference room to the central atrium.

Ozark Inn changes hours

The Ozark Inn will be changing their hours starting Feb. 1. The new hours will be:

Monday-Friday

Breakfast — 6-8:30 a.m. Lunch — 11 a.m.-1 p.m.

Dinner — 5-8 p.m. Midnight — 11 p.m.-12:30 a.m. **Weekends and holidays**

Brunch — 7 a.m.-12:30 p.m.

Dinner — 6-8 p.m. Midnight — 11 p.m.-12:30 a.m.

For more information, call 2nd Lt. Stephen Hodgson, 509th Services Squadron, at 687-6503.

Did you know?

Personnel assigned to Whiteman must register all vehicles that they plan on operating on the installation. To obtain DD Form 2220, U.S. Armed Forces Vehicle Registration Decal, go to the Visitor Center with current registration, proof of current insurance, driver's license and military ID.

Base members who recently purchased a new or used vehicle and do not have insurance cards updated can use an existing insurance card for up to 30 days from the date of

After 30 days the owner must produce a current updated insurance card for the vehicle to receive a DD Form 2220.

To permanently register a motorcycle, the items listed above and a certificate of completion of a sanctioned Air Force motorcycle training course is required and must be presented at the time of registration.

Airman pleads guilty to using methamphetamines

By Capt. Daniel Tull 509th Bomb Wing Legal Office

An Airman at Whiteman received a bad conduct discharge and four months confinement for using methamphetamines during a special court-martial Dec. 19, 2005.

Airman Basic Ryan S. Walter, 509th Logis-Readiness Squadron, pled guilty to methamphetamine use on more than one occasion, a violation of Article 112a of the Uniform Code of Military Jus-

Airman Walter first tested positive for methamphetamines during a random urinalysis.

A subsequent probable cause urinalysis test came back at more than 6,000 nanograms twelve times the Department of Defense cut-off level.

During the sentencing phase of the trial, Airman Walter stood before the court and apologized for his misconduct.

He went on to blame long-

time acquaintances in Sedalia for introducing him to metham-

Airman Walter, a native of Sedalia, claimed that he first started using methamphetamines in his hometown shortly after being stationed here.

Military members subject to court-martial are given the choice of a trial before a judge alone or before a panel of military

members. Airman Walter chose to be tried before a military judge alone. After receiving

exhibits and hearing the sentencing arguments, the military judge went into deliberations for approximately one hour before deciding the sen-

Several members of his squadron sat in quiet attendance in the back of the court room to watch the proceedings.

Soon after the announcement of the sentence, confinement officials arrived at the court room to escort Airman Walter to the Whiteman confinement facility where he will serve his sentence.

Why cultural observances?

By Mark Mendes

Equal Employment Opportunity chief

What is culture and what does it have to with the way we communicate with each other on a daily basis?

Culture is not the color of our skin or even the language that we speak.

Culture makes up who we are as individuals, our traditions, our systems of values, and beliefs taught to us by our friends, peers, and relatives.

Cross-cultural communication is how we interact and verbally communicate with each other from cultures unlike our own.

With this information, how can we enhance our ability to communicate with our fellow co-workers or complete strangers that are different from us?

Simply put, we can share the wealth of knowledge of cultural observances provided by getting involved.

Presidential proclamation mandates observances to serve and to recognize the achievements of all Americans

Since 1968, the Department of Defense proudly recognizes the importance of cultural observances.

The five celebrated observances are: African American Heritage Month, Feb. 1-28, Women's History Month, Mar. 1-31, Asian-Pacific Islander Month, May 1-31, Hispanic Heritage Month, Sept. 15-Oct. 15, and Native American Heritage Month from Nov. 1-30.

To quote Lt. Gen. Larry Jorden, "The true strength of the nation is found in the richness of its diversity and the contributions of so many different cultures.

For more information on cultural diversity, contact the 509th Equal Employment Opportunity office at

72nd TES sparkles





Photos by Staff Sgt. Tia Schroeder

Left: Penny Greeve Biester and Col. William Coutts, 53rd Wing Commander, Eglin Air Force Base, Fla., prepare to tack master sergeant stripes on Tech. Sgt. Randy Greeve Biester, 72nd Test and Evaluation Squadron, during a commander's call Tuesday. Sergeant Greeve Biester received his promotion under the Stripes for Exceptional Performers. "I'm thrilled and speechless," said Sergeant Greeve Biester. Right: Colonel Coutts presents a commander's coin to Johnna Scobey, wife of Senior Master Sgt. Michael Scobey, 72nd Test and Evaluation Squadron, during a commander's call Tuesday to honor Mrs. Scobey's selection as the 53rd Wing's Joan Orr Air Force Spouse of the Year Award nominee. The award, sponsored by the Air Force Association, recognizes spouses of military members for their significant contributions to the Air Force.

Operation Valentine Treat

We want to ensure that our newly deployed troops have a Valentine's Day to remember --Donations of personal hygiene items, non-perishable snacks, batteries, valentine cards for airmen to mail back home, hacky sacks, beanie babies -to give to local children- pre-sweetened soft drink mixes and a host of other items. Call the Community Center at 687-5617 for a complete list.

One man's rear

By Darnell Simmons Special Emphasis Program Manager for African American Employment

Each year on the third Monday in January, we celebrate Dr. Martin Luther King, Jr. Day. Most people think of this day as an extra day off from work or school, not knowing the real significance of why we celebrate this particular day in January

This great day is celebrated annually to emphasize Rev.

King's service to humanity.

Rev. King was born Jan. 15, 1929, in Atlanta.

At a very young age, he was fascinated by watching his father, Martin Luther King, Sr., pastor of Ebenezer Baptist Church in Atlanta, and other ministers control audiences with skillfully chosen words. He longed to follow in their footsteps.
In 1947, Rev. King became an ordained minister and

assistant pastor at Ebenezer Baptist Church.

The following year, at age 19, he graduated from Morehouse College with a degree in sociology.

Rev. King became the pastor of the Dexter Avenue

Baptist Church in Montgomery, Ala., in 1953. Rev. King also attended Crozer Theological Seminary in 1951, and then received a doctorate degree from Boston University 1955, where he met his future wife, Coretta Scott, with whom he had four children.

During the 1950's, Rev. King began to broaden his

active role in the civil-rights struggle.

In 1959, he moved back to Atlanta to become co-pastor of his father's church, and in the ensuing years gave much of his energies to organizing protest demonstrations and marches in such cities as Birmingham, Ala., in 1963, St

marches in such cities as Birmingham, Ala., in 1963, St Augustine, Fla., in 1964, and Selma, Ala., in 1965.

At the height of his influence, he was the youngest person ever to receive the Nobel Peace Prize. Rev. King's finest hour came on Aug. 28, 1963, when he led the great march in Washington, D.C., that culminated with his famous "I Have a Dream" speech at the Lincoln Memorial.

On April 8, 1968—four days after Rev. King was assassinated—Congressman John Conyers of Michigan introduced the first legislation providing for a federal holiday

duced the first legislation providing for a federal holiday, but that dream wasn't realized until nearly 20 years later.

All through the 1970s and 1980s controversy surrounded the idea of a Dr. Martin Luther King Jr. Day; congresspersons and citizens had petitioned the president to make Jan. 15, Rev. King's birthday, a federal legal holiday. Others wanted to make the holiday on the anniversary of his death ... while some people didn't want to have a holiday at all.

Jan. 15 had been observed as a legal holiday for many

years in 27 states and Washington D.C.
Finally, in 1986, Public Law 98-144 was enacted by President Ronald Reagan designating the third Monday in January as a federal holiday commemorating Rev. King's birthday.

Yet not until 1999 was the holiday celebrated by all 50 states. The holiday is now celebrated in some form by 100 countries around the world. George Washington is the only other American whose birthday has been recognized as a federal holiday.

"I Have a Dream"

"I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident: that all men are created equal." I have a dream that one day on the red hills of Georgia the sons of former slaves and the sons of former slave owners will be able to sit down together at a table of brotherhood. I have sit down together at a table of brotherhood. I have a dream that one day even the state of Mississippi, a desert state, sweltering with the heat of injustice and oppression, will be transformed into an oasis of freedom and justice. I have a dream that my four children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character. I have a dream today."

Saving endangered SPECIES

By Master Sgt. Orville Desjarlais Jr.
Air Force Print News

ANDERSEN AIR FORCE BASE,

Guam (AFPN)— Conservation efforts here are protecting endangered species and allowing for the re-introduction of two bird types.

Andersen Air Force Base has a national wildlife refuge covered by a limestone forest, a sensitive island ecosystem that supports native fauna and flora, including threatened and endangered species.

Dana Lujan, chief conservation officer here, said it is challenging protecting animal species including the Mariana crow, the Marianas fruit bat, the Micronesia starling and the Guam rail.

The Guam rail is a flightless native bird that thrived here until a military cargo ship accidentally introduced the brown tree snake here during World War II. The snake ate all the rails' eggs, making it extinct on the island.

Base and Guam officials are now re-introducing two species of birds, the Guam rail and the Kingfisher.

"We are not having any luck with having these species reproduce in captivity," Mr. Lujan said.

Officials released the birds into a snakecontrolled environment in the jungle. Although the snakes didn't kill them this time, feral cats wiped them out. Other animals that don't originate from Guam that are causing problems are deer from the Philippines and feral pigs.

Controlled hunting helps with the deer and pig population, while officials are still struggling with containing the brown tree snake.

The Mariana crow became an endangered species in 1984. There are only 10 left on the island, all of which are located on base. Andersen AFB is working with Government of Guam officials to erect solar-powered electrical barriers at the base of trees that contain crow's nests.

They periodically use a mirror to check for eggs in the nest, and when they find one they exchange the real egg with a fake one so they can ensure its safety by incubating and hand-raising the crow until it is big enough to release into the wild again.

"Although we have an electrical barrier, the egg is still susceptible to snakes," Mr. Lujan said. "One time we caught six snakes in a tree and one of the snakes had the dummy egg in its mouth."

Teamed up with Guam's Division of Aquatic and Wildlife Resources, they recently released 10 crows, but only two survived. Experts think they died because of their fail-



Photo by Tech. Sgt. Shane A. Cuomo

ANDERSEN AIR FORCE BASE, Guam—Dana Lujan (left), Jeff Quitugua and Chris Jones (right) look over a map of Anderson Air Force Base. Mr. Lujan is the liaison for the Guam Department of Agriculture, which has a partnership with the base to re-introduce the Marianas crow back to the island. Mr. Lujan is the 36th Expedition Air Wing's chief conservation officer. Mr. Quitugua is a wildlife biologist and Mr. Jones is a wildlife technician from the Guam Department of Agriculture.

ure to forage.

"Basically, they didn't know how to find food," Mr. Lujan said.

"As part of the recovery effort, we help control the tree snake population, which assists the (birds) in their survivability," Mr. Lujan said.

Conservation officials have placed snake traps across the base to control the brown tree snake, which has decimated the native bird population on Guam. Not just birds were wiped out, but bats, too.

Once a delicacy on Guam, the Mariana

fruit bat is now an endangered species with only 100 left on Andersen AFB.

"The young attach to their mother," Mr. Lujan said. "However, when the mother forages for food, she leaves her young behind, which makes them susceptible to tree snakes."

"In the future, we want to conduct an areawide snake trapping in the bats' area," he said.

Mr. Lujan supervises 30 conservation programs on Andersen to help save what they have and re-introduce what they lost.

Up with the times

Whiteman commissary reopens with a new look

Greater variety, more space and a contemporary look are just a few of the many new improvements customers will experience at the commissary here, which is celebrating a grand re-opening Jan. 31.

Ribbon-cutting ceremonies start at 10 a.m., immediately followed by the store opening, which will showcase a \$7.3 million project begun a year ago.

"It is such an honor and thrill to provide this renovated facility to all of our val-ued customers," said Carol Lakey, store direc-"We are proud to provide savings to our shoppers in a modern store that they have earned and certainly deserve."

Overall, the revamped building mirrors the Defense Commissary Agency merchandising standards for all departments, including a new sales area décor.

Plus, additional display cases were added, allowing for more inventory.

"Now we will have more products," said Greg Brown, store administrator. "Our frozen food department, produce section and daily/bakery areas definitely will be larger and diverse. So our customers will have a bigger selection of goods.

Indeed, the Whiteman commissary will feature the latest and greatest in looks and conveniences, such as longer aisles, a deli/bakery island, rotisserie chicken, and an expanded Grab-and-Go section.

As for the ceremony itself, patrons can expect lots of giveaways such as shopping sprees, gift bags, samples and couponswell as registering for an automobile and home entertainment center drawing, along with DeCA's usual great savings.

"Customers will do extremely well that

day," Mr. Lakey said.
"You will find deals made available by our industry partners specifically for this event, so don't miss out. We extend an open invitation to our authorized shop-

pers to come out Jan. 31 to enjoy the ceremony and visit their new-look store," Mr. Lakey

said.

The DECA operates a worldwide chain of 268 commissaries providing service groceries to members, retirees and their families.

Patrons are able purchase items at cost plus a 5-percent surcharge, which covers the costs of building new commissaries at bases such as

Tinker and modernizing existing ones.

Shoppers save an average of more than 30 percent on their purchases compared to commercial prices—savings worth about \$2,700 annually for a family of four.

A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

(Courtesy of the Defense Commissary Agency .)

Are you drinking battery acid?

By Capt. Sara Hogge 509th Medical Operations Squadron

Modern medicine considers tooth decay to be one of the most preventable diseases in the world. Unfortunately, today in the Air Force, one of the most prevalent factors contributing to tooth decay in our younger troops is soda sipping. This combination of acid and sugar is doubletrouble for teeth.

Tooth decay is considered a disease because specific bacteria have been isolated as the main culprits in decay initiation and progression.

These particular bacteria use sugar as an energy source and produce acid as a by-product of digestion. Almost any form of sugar that we eat can be utilized by the bacteria, including some of the artificial sweeteners found in sugar-free prodncts.

Cavities are formed over a period of time where acid attacks cause weakening of tooth structure to produce a hole.

The strength of any acid is measured by a pH scale. The pH scale ranges from one to 14; a pH of seven being neutral and anything below seven being acidic.

The strongest acids, like battery acid, have a pH of one. Cavity formation begins at any pH below five as tooth enamel becomes softened at this point. Most soft drinks contain phosphoric acid with a pH range between two and four. almost as strong as battery

acid. Soft drinks, many sport drinks, and fruit 'ades' contain both acid and sugar. The acid present in the drink sets the stage to favor cavity formation, and the sugar contributes to acid production as bacteria

digest it. Since sippers tend to sip these drinks frequently over and over in the course of a day, the teeth are constantly bathed in acid and the bacteria are continually feast-

There are several strategies you can use to reduce your chances of tooth decay.

First, enjoy soft drinks in moderation and try to do so in a period of 20 minutes or less-that is how long an acid attack lasts before saliva neutralizes the acid.

Second, read labels. Regular soda is high in sugar, yet diet or "sugar free" soda is high in acid.



Third, use a straw to keep the sugar and acid away from your teeth. Don't sip for extended periods of time.

Finally, after drinking, swish your mouth out with water to dilute the acid and sugar.

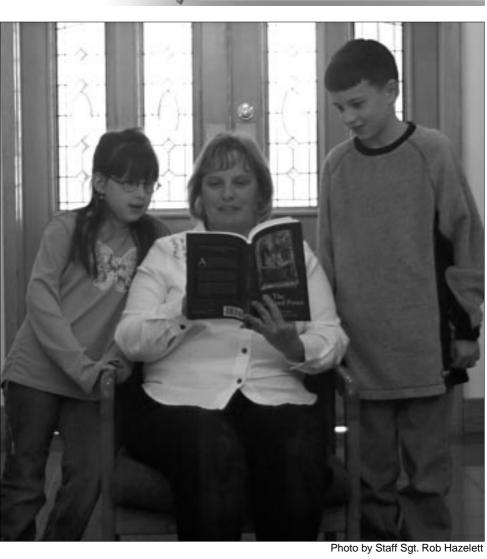
As an alternative, drink water instead of soft drinks. Water has no sugar, acid, calories and generally contains fluoride.

Practice good oral hygiene to include flossing. Get regular checkups, cleanings, and use a fluoride toothpaste to protect your teeth.

The Whiteman Dental Clinic's statistics demonstrate that certain squadrons are more prone to decay than others

Call today at 687-2201 to find out if your squadron could be at risk. Help us help you support our Air Force mission.

We are ready and willing to send a representative to brief your troops on diet counseling and oral hygiene to help reduce cavities.



Judy Douglas reads to her grandchildren Emily, left, and Tyler, in the base chapel entrance where Mrs. Douglas was married in May 1970. The children are actual characters in Mrs. Douglas's new book, "The Woodland Pixies," which will be on sale when Mrs. Douglas has her scheduled book signing at the BX Sunday from 12-3 p.m.

Once upon a time

By Staff Sgt. Rob Hazelett

509th Bomb Wing Public Affairs

Helping injured animals and protecting humans from danger is what they do best, but they fear being seen because their queen has made strict rules to keep them from being endangered.

That could sound much like the Royal Air Force, however, this story is about the fabled characters in Judy Douglas's new children's book, "The Woodland Pixies."

"This is the first book I have written on any topic," Mrs. Douglas said. "I plan on writing a series of books that feature woodland pixies. I expect there may be about six books before the stories are told."

The book brings together the pixie and human worlds when a friendship starts between young Emily and Sarah, a tiny woodland pixie. But the friendship is not tolerated because pixies are not permitted to mingle with humans, for fear that the pixies will be threatened.

Nevertheless, Sarah, her brother Adam, and their befriended squirrel, Flick, continue to bend the rules established by Chloe, the queen of the pixies.

Mrs. Douglas is not a stranger to Whiteman. In fact, this was the first of seven bases where she and her husband were stationed.

They were here from 1969-1972 when he worked at the Consolidated Base Personnel Office, now the military personnel

flight.

They were married at the Whiteman Chapel by then Chaplain (Capt.) Thomas V. Heather in May 1970, Douglas said. Their daughter, Cassandra, was born at

the Whiteman hospital June 14, 1971, which was on Flag Day.

Her son-in-law is Tech. Sgt. Kristopher F. Krug, who works at the 509th Communications Squadron as a ground radar technician. His family has been here since August 2000.

"The mission of the base has changed significantly," Mrs. Douglas added. "My husband was assigned to the 351st Combat Support Group under the 351st Strategic Missile Wing. The base's main mission was to operate the missile sites of the Minuteman missile, that was when the base belonged to the Strategic Air Com-

mand."

"Many of the buildings we were familiar with have been replaced. Probably the most notable feature is we don't see the steam pipes that traversed the base," she

Though her husband retired from active duty as a major in 1993 after 24 years of service, Mrs. Douglas has not allowed her imagination to be put out to pasture.

imagination to be put out to pasture.

She mentions in her book that her creative spark rejuvenated when her grand-

children, Emily and Tyler, were born.

She says that her knack for telling them stories is the reason why she initially wrote

this book.

Whiteman is dear to Mrs. Douglas. "We have a lot of fond memories of our time at Whiteman," Mrs. Douglas said. "My husband and I began our life together here and we are connected to this base, regardless of what is changed."

Douglas, who will be visiting through next week, has a book signing scheduled at noon-3 p.m. Sunday at the base exchange.

Avoid gaps in TRICARE Prime coverage

By Mark Jecker

TriWest Healthcare Alliance

As his retirement date on the first of the month drew closer, Navy Chief Petty Officer Matt Jefferson counted the days. He's glad his wife Judy did, too.

She circled the 20th of the current month on the calendar with a reminder to enroll the family for TRICARE Prime health care coverage as retirees on or before that date.

"If I hadn't remembered to renew our coverage, we would have been without Prime coverage when I hurt my leg falling off the kitchen stool," Judy said. "Although we still could have used TRICARE Standard or Extra, we would have had to pay more out of pocket."

Individuals who've been in the TRICARE system for any

length of time may have heard of the "20th of the month rule" without really understanding what it means.

TRICARE's "20th of the month rule" is designed to prevent a service member's TRI-CARE Prime health care coverage from being interrupted, whether the military member is enrolling for the first time or reenrolling in anticipation of retirement.

TRICARE Prime coverage requires service members to complete and submit a TRI-CARE Prime Enrollment Application (available on www.Tri-West.com) and the appropriate enrollment fee.

Under most circumstances, the service member must submit the form and the fee on or before the 20th of the current month, so that Prime coverage will be effective on the first day of the following month.

For new enrollments, if Tri-West Healthcare Alliance, the TRICARE West Region contractor, receives a new Prime enrollment application on or before the 20th day of the month, the service member and family will be enrolled in Prime effective the first day of the following month.

But if the enrollment form and fee are received after the 20th of the month, Prime enrollment will not be effective until the first day of the second month after application is received.

For example, if the application and fee are received by Tri-West on or before Feb. 20, the service member's Prime enrollment will have an effective date of March 1. If the application is received on Feb. 21 or later, that enrollment will not begin until April 1.

If an active duty service member's date of retirement falls on the first of the month (as it does for most), and he or she chooses to reenroll in Prime and returns the completed enrollment form and fee to TriWest on or before the 20th of the month preceding the retirement date, Prime coverage will begin on the first. This will help ensure continuous, no-lapse coverage for



the retiree and his or her family.

If the retirement date does not fall on the first of the month, the Prime enrollment application and fee must be submitted within 30 days before the beneficiary's retirement date. That way the effective enrollment date will be the retirement date, and there will be no break in coverage.

Retiring Service Members Must Update DEERS Records

Before reenrolling in TRI-CARE Prime, soon-to-retire service members also must update their records in the Defense Enrollment Eligibility Reporting System (DEERS) to reflect the change in status and any planned change of address or other information. Status changes reflecting retirement must be done in person, by visiting the military personnel office or ID-card-issuing facility, so that new ID cards can be issued.

For more TRICARE program information visit www.tricare. osd.mil or www.triwest.com or call 1-888-TRIWEST.

Fast Facts

Address changes can be made three different ways:

■ Online at www.tricare.osd.mil/DEERS/default.cfm or directly to the DMDC Web site at https://www.dmdc.osd.mil/appi/address/index.jsp.

■ By fax at 1-831-655-8317

■ By mail at Defense Manpower Data Center Support Office ATTN: COA

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Indivudual Protective Equipment MIFIKS

IPE for ground personnel includes the Ground Crew Ensemble and fieldgear. It provides individuals with the minimum personal clothing and equipment needed to protect them from most CBRNE hazards. The GCE includes the protective mask, C2 series canister, second skin, vergarment, hood (only with the battle dress overgarment), gloves, glove inserts, and overboots.

Overgarment (Jacket Pants)

Nylon/cotton

Charcoal impregnated

Black nylon Tricoat

Powdered charcoal that has been treated with acidhas an extremely large surface area per unit of man-It is an extremely efficient sorbent many applications, including gas masks and chemical protective suits.

MCU-2 Series Protective Mask

Head Harness **Drinking Tube**

The MCU-2 series protective mask, with a serviceable C-2 canister installed, protects your face, eyes, and respiratory tract from chemical and biological warfare agents and radioactive dust particles. It will also protect against riot control agents such as tear gas.

C2 or C2A1 Canister

Outlet Valve Cover

Air passes through the C-2 canister Then air passes through inlet valve Air is drawn into the one-way nosecup valves Exhaled air goes through the one-way outlet valve

Know your GCE

Any of the following situations could result in severe health problems or death.

- *Improperly-fitting the GCE may reduce chemical protection in a chemical/ biological environment.
- Improperly maintained, or non-maintained, the GCE may cause chemical exposure if worn in a CB environment.
- . Using a damaged GCE may cause exposure if wom in a CB environment.
- · A repaired GCE is to be used for training only and is not to be issued to the individual when there is a threat of CB attack

Airman 1st Class Aaron Morris, 509th Civil Engineer Squadron readi-ness apprentice, explains attributes of the JSLIST protective overgarment to a class Tuesday. The overgarment is a two piece set sized to allow donning over other uniforms or to 0be worn as a uniform as

he 509th Civil Engineer Squadron Readiness Flight offers initial and refresher chemical, biological, radiological, nuclear and explosive training to Whiteman members.



Protons





Honoring the

Glider

By 1st Lt. Scott Orme

509th Aircraft Maintenance Squadron

During World War II, Sedalia Army Air Field, now Whiteman, was used to train pilots in the WACO CG-4A Glider.

The primary mission of the glider was to be towed behind a C-47 'Skytrain' cargo airplane and then once released, silently fly into enemy territory with a variety of payloads, including troops, supplies and even a jeep.

Some of the pilots, while assigned to the 314th Troop Carrier Group, participated in the invasion of Sicily, Italy, in July 1943 and the D-Day invasion of Normandy, France, June 6, 1944.

The 509th Maintenance Group is preparing to restore the Wing's own CG-4A which was started several years back by the Whiteman Heritage Foundation.

1st Lt. Scott Orme, 509th Aircraft Maintenance Squadron, Senior Master Sgts. Rick Brown, and Wes Maxwell, 509th Operations Support Squadron, and Tech. Sgt. Phil Fleming, 509th Bomb Wing, from Whiteman recently had the opportunity to visit the Silent Wings Museum in Lubbock, Texas, to view a fully restored WACO CG-4A Glider.

The museum staff provided an in-depth view of the glider program and its contributions made during several major invasions during the war.

They also provided access to the Adams

Research Library located in the Silent Wings Museum which houses an extensive collection on the WWII glider program.

It was imperative to visit the museum to get a hands-on look to see how the glider was constructed, what it should look like when completed and gather much needed technical data.

Originally, there were more than 14,000 WACO's built by 18 different companies, including the Weaver Aircraft Co., Ford, various furniture manufacturers, airline and even refrigerator companies.

This creates a unique challenge when researching parts since not all part numbers and models cross reference with each other.

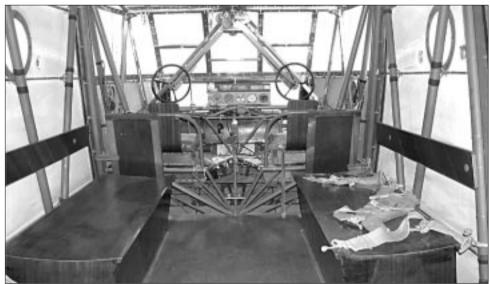
The hope is to someday house the restored glider in a new building, possibly near the Oscar One, the current site of the retired missile launch facility.

The highlight of the tour, according to Sergeant Brown, was the opportunity to visit with Otto Lyons, a former WACO pilot who actually flew a combat mission into Holland during Operation Market Garden.

He spoke of many training exercises and told us how he had done an aerial loop in a WACO glider.

When asked how many combat missions he had flown, he quietly looked at us and said "one, that was enough."

Understandable when you consider they flew behind enemy lines with no defenses and no turning back. It was considered a



Courtesy photo

This is the inside of a WACO CG-4A Glider at the Silent Wings Museum in Lubbock, Texas. The Whiteman Heritage Foundation has plans to complete the restoration of the 509th Bomb Wing's own glider.

suicide mission by most.

Once on the ground the pilots became infantry men just like everyone else. Their primary mission was to survive and return to friendly territory.

In 1971, the National World War II Glider Pilots Association Inc. was established and today, only 400 surviving pilots from a group of more than 6,000 remain.

The museum keeps a bottle of champagne to be used for one final toast by the last two remaining pilots to honor those who served in this unique group.

The restoration project will take several years to complete but will be well worth it to preserve the history of those who participated in WWII and the contributions made by the Sedalia Army Air Field and

the WACO CG-4A Glider program.

The restoration group, led by Sergeant Brown and Lieutenant Orme, is preparing to continue on with the project.

Currently, the wing's glider is only a cockpit and a tube-frame fuselage that requires its fabric covering. The wings and tail section will need to be completely built from scratch.

One major hurdle the restoration group faces is finding a suitable workspace. Also, the group is looking for people who know how to read blueprints, build jigs and dope fabric.

If you are interested in participating or contributing to the WACO project, please contact Lieutenant Orme at 687-4629, or Sergeant Brown at 687-1918.

Flight showcases future Weapon Data Link Network

By Staff Sgt. Ryan Hansen

Air Armament Center Public Affairs

EGLIN AIR FORCE BASE, Fla. (AFPN)—Two-way communications with a weapon after it's released from an aircraft is at the forefront of all new weapons technology, and standards for it has become a priority.

Such standards were successfully implemented and demonstrated during a recent series of flight demonstrations here for the Weapon Data Link Network Advanced Concept Technology Demonstration.

The Weapon Data Link Network defines a standard way for aircrew, ground controllers or combined air operations centers to have two-way communications with network-enabled weapons after they're already in flight.

"This Advanced Concept Technology Demonstration came about because Air Combat Command and the Navy were both looking for a capability to exchange information with in-flight weapons," said Ron Taylor, lead engineer for the demonstration. "What we've done in this effort is develop

the common messages and transactions that will govern that information exchange."

According to Air Force officials, new technology like this is crucial in today's climate as the military continues to face a diverse and ever-changing threat in the global war on terror.

As targets continue to move and change location, the ability to move along with them is vital.

"With the Weapon Data Link Network implementation, you can continue to provide new information to the weapon such as target updates, retargets or abort," said Kevin Sura, flight demonstration integrated product team leader. "Additionally, this allows the weapon to report its status to a controller as well as bomb hit indications by text or video."

The Advanced Concept Technology Demonstration was sponsored by the Joint Forces Command and was led by the Air Force and Navy along with participation by the Army.

"The more eyes you've got looking at it the better, and we had a great deal of innovation because of the diverse group we had," Mr. Taylor said. "They helped keep us on the right vector."

The combined team used a variety of weapons for simulated releases and used the new datalink message standards for each test.

"We looked at using existing messages because that would be a cheaper solution and easier to implement," Mr. Taylor said. "But because we were looking to define this common standard not just for current weapons capabilities, but also for projected weapon capabilities and for future sensors, that drove us to new message implementations."

After more than 140 runs across 12 official demonstration missions, the weapons confirmed their current information, reported their status and provided bomb hit indication information just as testers planned.

"We're pleased with the progress we've made," Mr. Taylor said. "We've done some good work. The standards were implemented and demonstrated by multiple joint service parties, so we don't have a unique solution that only vendor "A" will be able to use."

(Courtesy of Air Force Materiel Command News Service)

Bad weather battle plan

When the weather turns bad listen to these stations for base closures and delays.

Kansas City TV KMBC Channel 9 (ABC) KSHB Channel 41 (NBC) WDAF Channel 4 (FOX)

Kansas City Radio KBEQ (104.3 FM) KFKF (94.1 FM) KPRS (103.3 FM) WDAF (106.5 FM) KMBZ (980 AM) KDUL (98.1 FM) Warrensburg

RadioKOKO (1450 AM) KCMW (90.9 FM) KWKJ (98.5 FM)

Clinton Radio KLRQ (96.1 FM) KDKD (1280 AM and 95.3 FM)

Sedalia Radio KDRO (1490 AM) KSIS (1050 AM) KSDL (92.1 FM) KXKX (105.7 FM)

Base members can also tune in to Channel 99 on base, visit www.whiteman.af.mil or call the Straight Talk Line at 687-NEWS (6397).





Desert bound

Senior Airman Anthony Muller, 509th Communications Squadron, and Capt. Jocelyn Southerland, 509th Mission Support Squadron, ensure that Airman Muller's Virtual Record of Emergency Data forms and Servicemembers' Group Life Insurance information is accurate. More than 120 Whiteman members deployed Friday-Sunday in support of Operations Iraqi and Enduring Freedom.

America's Air Force



No one comes close

Call 687-6133

Soccer Stars

Five members of the Whiteman soccer team combined with members from McChord Air Force Base, Wash., to compete in the 2006 Defender's Cup Soccer Tournament Jan. 12-Monday at Lackland Air Force Base, Texas, The Whiteman/McChord team took 3rd Place out of 14 teams. Pictured is: (front) Christie Harrell, 509th Civil Engineer Squadron, (back row, left to right) Rene Allende, 509th Bomb Wing, Joe Amegatcher, 509th Logistics Readiness Squadron, Jesse Cascino, 509th Maintenance Squadron, and John Ford, 442nd Medical Squadron.



Team Whiteman Community

Free tax service available

TurboTax is available at no cost to servicemembers by the Department of Defense on the Military OneSource

For more information and current updates, visit the Military OneSource website at http://www.military onesource.com/.

DoD members can view there 2005 W2 on the myPay web site at https://mypay.dfas.mil/mypay.asp

WESC sponsors party

The Whiteman Enlisted Spouses' Club is sponsoring a skating party for the families of deployed sponsors or remote military tomorrow at Elliot's Skate Rink in Warrensburg from noon-2 p.m. This is a free event and space is limited.

Please RSVP to Lori Olive at 563-2244 or pacificnwmommyof3@yahoo.com.

DeVry representative to hold briefings

A representative from DeVry University will be at the education center Jan. 31

The representative will hold three briefings at 10 a.m., :30 p.m. and 6 p.m., to present valuable information on their new bachelor's degree in game and simulation programming for the computer and video game industry.

Space is limited so call the education center at 687-5750 to make a reservation.

Spirit Home Front Hero award

The Spirit Home Front Hero Award is used to recognize the support and sacrifices children have made while their parents support the Whiteman mission.

Each child deserves a special award of their own, a token of appreciation, as our little heroes on the home

This award, a certificate and pin with ribbon, can be

presented in both formal and informal settings, such as a commander's call, school function, or at a private family

To obtain the Spirit Home Front Hero Award for presentation, or for more details call the Family Support Center at 687-7132.

When can you sew on?

The Enlisted Promotions website now contains links to a Weighted Airman Promotion System calculator and a senior airman below-the-zone calculator.

These calculators are for information purposes only. To view these calculators, go to https://www.afpc.randolph.af.mil/eprom/.

Special at airman's attic

The Airman's Attic will be open Saturday from 10 a.m. to 1 p.m. for all E-5s and below and their family members.

The attic will also have an All Ranks Day 10 a.m. to 2 p.m. Jan. 25, Jan. 27 and Jan. 30.

Education

MOAA offers scholarships

The Military Officers Association of America is offering \$1000 scholarships to 25 dependents of active duty personnel worldwide.

For more information and the application, visit MOAA's web site at www.moaa.org.

The deadline is noon March 1.

Grant eligibility criteria available

The Air Force Aid Society's General Henry H. Arnold education grant eligibility criteria and application is currently available at the family support center or at

Scholarship amounts for the 2006-07 school year will increase to \$2000.

16

19

25

29

The deadline is March 10.

Family Support

Call 687-7132 for more details on these family support center activities.

Pre-retirement briefing set

A pre-retirement briefing for people retiring from the military begins at 8 a.m. Monday. For more information, call the MPF at 687-1500 or 6720.

WIC representative visits base

A WIC representative is available beginning at 8:30 a.m. Tuesday and Thursday. WIC includes nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs. For more details, call the WIC office in Warrensburg at 747-2012.

Pre-deployment briefing set

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend.

Class helps with move

A mandatory stateside smooth move seminar for people planning to move stateside in the near future begins at p.m. Thursday. Facilitators will discuss the financial benefits associated with moving and provide a variety of useful resources. PCS orders are not necessary. Spouses are encouraged to attend. Reservations are required.

Interview class set

Learn the basics of effective interviewing. Designed for spouses, retirees and family members. Reservations required.

Party set for families

All families of those serving a remote assignment or who are deployed are invited to a special "Hugs from Home" party from 1 – 3 p.m. Saturday. Reservations required by Jan. 25.

15

18

Civil rights pioneers

By Capt. Tony Wickman

71st Flying Training Wing Public Affairs

ACROSS

- 1. Pyramid scheme
- 8. Command chief's office symbol
- 11. Palpitate
- First man
- 15. Triumphant expression
- 16. More scarce 17. By heart
- 18. Wall Street offering, sometimes
- 19. Federal org. concerned with ecology 20. Sydney's time zone (GMT+1000), in brief
- 22. Elmendorf AFB's state 25. May is dedicated to honor these people, in brief
- 26. Pain
- 28. Tooth part
- 29. Russian made jet 30. Genghis or Kublai
- 31. Thai currency
- CEPE ROHM SISAL IROC ALTO STANCHION CARLSON NOR PEW BRADLEY EAR DINO SONG ALUM CLOG CANOE E O S YAR

Jan. 13 answers

- 33. Ancient
- 34. Most famous advocate for African-Ameri-
- can equality
- 35. Balusters
- 38. Whip
- 41. Michael Collins actor Stephen
- 42. Win a Date with ___ Hamilton!
- 45. Portable computer
- 47. Sea birds
- 49. Inventor Whitney
- 50. Discovery cry
- 51. Car damage
- 52. Scrap of cloth
- 53. Someone who can't keep hands off another
- 55. Baseball stat
- 56. Endurance drug in the news, in brief 57. New Zealand bird

- 62. Yankee great Gehrig
- 63. Opening
 64. Civil rights marchers attacked here on "Bloody Sunday"
- 65. Concorde jets, in brief
- 66. Former ACC commander, acting CSAF
- 67. Israeli airline

DOWN

- 2. Nickname Tuskegee Airman 1st African-American 4-star general
- 3. Charge
- 4. A stooge
- 5. NAAČP lawyer who argued Brown vs. Board
- of Education
- 6. Commotion7. Turner who organized famous 1831 slave
- 8. Dry red table wine 9. Nautical weight-hoisting device
- 10. Chemical agent which attack lung tissue
- 14. Fields
- 21. Gesundheit precipitator

- 23. Seeps24. USAF component 27. Suffered

62

39

- 35. Suffocate 36. Civil rights leader who enrolled/started integration at Univ. of Mississippi
- 37. Au pair
- 38. Wreaths of honor 39. By the way; incidentally
- 40. Move away from
- can woman on DC education board 43. State considered "birthplace" of civil rights
- 44. Clock type
- 45. Appendage 46. Civil rights activist who refused to yield bus
- 48. Walks 58. Sick
- 59. Court
- 61. Confederate general
- 42. Civil rights activist to be 1st African-Ameri-



Services Page editor.. 509th Services Squadron......687-7929 *No federal endorsement of mentioned sponsors intended.

Sports & Recreation

Fitness Center 687-5496

Racquetball tournament

Sign up now for the fitness center racquetball tournament. Games will be played between 11 a.m. and 1 p.m. Feb. 7, 8 and 9. Call the fitness center for details and to

Blind Volleyball

Sign up individually or in teams for the fitness center blind volleyball tournament. The tournament will take place, 11a.m. Jan. 27 and is free to enter. There will be prizes for the winning team..

Outdoor Recreation, Information and **Tickets** 687-5565

Winter hours of operation Main office, Information and Tickets and

Equipment rental. Fri, Sat, Sun and Mon 9 a.m.-5 p.m. Tue, Wed, Thur 10 a.m.-1 p.m.

NAF resale

1st Wed of each month noon-2 p.m.

Free skiing

Free ski and lift pass for active duty pass holders and discounted rates for dependents or other military classifications, Wednesdays through Feb. 22. at Snow Creek Resort. Outdoor recreation will provide transportation Feb. 1 and 16. The shuttle costs \$5 per person or \$15 for a family of four. Call outdoor recreation for more details or to sign up.

Food & Fun

Ozark Inn 687-5469



Royal Oaks 687-5573

Breakfast at the golf club

Effective now through April 1 breakfast will not be served at the Royal Oaks. Lunch, snack and steak house operations are unaffected.

Duffer's Grill

The grill at Royal Oaks is open 11 a.m.-1 p.m. daily for hot and cold sandwiches with a great choice of meats, cheeses and breads. There's also the daily special, grilled burgers and chicken breast.

Steak night

Enjoy a top notch steak at the Royal Oaks steak house. Open 5-8 p.m. every Friday and Saturday. The menu also includes children's meals so bring the whole family.

Mission's End 687-4422

Prime rib buffet

Enjoy a Mission's End speciality with a slow roasted prime rib buffet. 5-8 p.m. tonight. The buffet costs \$12.95 for members and \$14.95 for nonmembers and includes vegetables, salad, soda and dessert.

Cowboy western buffet and dancing

Enjoy some great country fare at the Mission's End cowboy western buffet, 5-8 p.m. Jan. 28, the menu includes steak, chicken, baked beans, jalapenos, corn bread and fruit cobbler. After dinner grab your dancing boots for a line dancing lesson and a night of country music until midnight. Dinner is \$12.95 for members, \$14.95 for nonmembers, the dancing is free!



Community Activities

Arts and Crafts Center 687-5691

Scrapbooking

Pick up tips, ideas or learn new skills at the arts and crafts class 1-3 p.m Monday. Sign up required.

Advanced jewelry class

Advance your jewelry skills by taking this two-session class at arts and crafts. The class takes place 9 a.m.-noon Tuesday and Jan. 31 and costs \$35 plus supplies.

Community Center 687-5617

Last call for operation Valentine treat

Don't forget our deployed troops this Feb. 14. Today is the last day to bring donations and valentines cards to the community center to send to our members.

Have you lost your senses?

Children aged 5-10 years old are invited to have fun and learn how their senses tell them about the world around them, 2-3:30 p.m. Saturday at the Community Center. The event costs \$1 and will be followed by a free family movie.

Party silly with football and chili!

Free Super Bowl party at the community center. Bring along your best chili for judging by Super Bowl fans. The pre-game and game will be shown on the nine-by-nine foot screen in the ball room and on the big screen TVs. Hot dogs, chips, drinks will be supplied, bring along snacks to share. The fun starts at 4 p.m. Feb. 5.

Family Child Care 687-1180

FCC Orientation Class

Receive training to become a licensed family child care (FCC) provider on Whiteman Air Force Base from 8 a.m. - 4 p.m. 13 - 17 Feb, Providers with chronic health problems are accepted. The program needs providers who are willing to care for children during swing and evening shifts and children with special needs. Stop by the FCC office to pick up a registration package. Registration must be received by the Wednesday prior to the

Base Residents

Quality child care for military families is an important concern. Guidelines in Air Force Instruction 34-276, Family Child Care Programs, requires anyone providing in-home care for 10 hours (total for all children in care) or more a week on a regular to be licensed. If you are currently unlicensed, you must cease care and apply for a family child care license. Call for more details.

Youth Center 687-5683

Pre-teen scene trip to Bump City

Sign pre-teens (9-12 year olds) up for a trip to Bump City, Mo., 5-10 p.m. Jan. 27. They will enjoy an evening of climbing ropes, gladiator rings, in-ground trampolines, rock-wall climbing, games, contests and prizes. The cost is \$4 for members, \$5 for nonmembers which covers entrance fee and dinner at McDonalds afterwards. Sign ups start Monday.



Spring Soccer

Registration packs available 7 a.m.-4:30 p.m. Monday-Friday from the community center. Members \$35, nonmembers \$45

Hand in registration packs Feb 1-3, room D, community center.

Volunteer soccer coaches

A training session for anyone wishing to volunteer to help with youth center soccer will be held 5-7:30 p.m. Feb. 2 at the community center. Call 697-5819 or 687-5586 to sign up.

Teen Center 687-5819

Friday night flicks

Grab the popcorn, kick back and enjoy a great movie on the big screen TV. 7-10 p.m. Jan. 27 at the teen center. The cost is \$1.

Snow Creek skiing and snowboarding

Teen Center trip to Snow Creek Resort, Mo. Jan. 28-29. Ages 13-18 can come along and learn new skills or improve old ones. Lodging will be provided at Ft. Leavenworth. The trip costs \$20 plus money for snacks. Sign up, on a first-come, first-served basis, at the teen center before Tuesday.

Child Development Center 687-5588

Drop-in care

The child development center can provide drop-in child care for all ages on a space available basis for \$3

Child care and program places

The Tuesday and Thursday morning developmental enrichment pre-school program has openings for 3- to 5year-olds. There are also several openings for full-time care for 3-5 year olds. Contact the child development center for more details.

Library 687-6217

Story time

Story time for pre-schoolers takes place every Wednesday at 10 a.m. 3-5-year-olds can listen to a story or take part in a craft activity at the library. There is also the library's dial-a-story program with a new story every week. Available 24 hours-a-day by calling 687-6255.

Test preparation

Test preparation guides and practice exams are available from the library and online at www.WhitemanAFBli-brary.org. The guides available include both College Level Examination Program and DANTES exam guides and recommended textbooks. For more information, call the base library.